

OPD LIST

09.06.2025

| DEPARTMENT                                                                                                 | Monday                                                                                                                                                                                                                 | Tuesday                                                                                                                                          | Wednesday                                                                                                                               | Thursday                                                                                                                                                                                 | Friday                                                                                                                                                                                                                 | Saturday                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| GENERAL MEDICINE                                                                                           | Dr Archana Bhat<br>Dr Swapna P K<br>Dr Jeffrey Lewis<br>Dr Shruthi Ashok Pai                                                                                                                                           | Dr Smitha Bhat<br>Dr Supriya P S<br>Dr Ganesh Aniya S<br>Dr Lishal Anisha Misquith                                                               | Dr Prasanth.Y.M<br>Dr Veena Jasmine Pinto<br>Dr Tushar Gopalakrishna<br>Dr Subhoth R C<br>Dr Raksha Salian                              | Dr Venkatesha B. M.<br>Dr Sowmya Mathew<br>Dr Debora Sona Dasilva<br>Dr Akshay Louis Dias<br>Dr Varsha Prabhu K<br>Dr Jeena John                                                         | Dr Roshan M<br>Dr Anoop Joseph<br>Dr Spoorthi Ashok Pai<br>Dr Renier Borges<br>Dr Chrisel Sequeira                                                                                                                     | Dr Akshatha Rao Aroor<br>Dr SriLakshmi M Prabhu<br>Dr Raina D Souza<br>Dr Akshath A Hegde                                                        |
| GENERAL SURGERY                                                                                            | Dr Erel Anil Isidore Diaz<br>Dr Reshmina C Clara D Souza<br>Dr Martis Manohar Hadrian Mark<br>Dr Sanjana P Arjun<br>Dr Grancy Vijayaraj Monteiro                                                                       | Dr John Joseph S Martis<br>Dr Prathvi Shetty<br>Dr Vishnu V K<br>Dr Frana D Souza                                                                | Dr Leo Francis Tauro<br>Dr Rohan Dsouza<br>Dr Vishnu S<br>Dr Jeevan Kumar<br>Dr N B Ankita                                              | Dr Rakesh Rai A<br>Dr Shankar Gururaj Kollampare<br>Dr Kevin Alfred Samuel<br>Dr Niveda B R<br>Dr Ayush Shetty                                                                           | Dr Clement R S D Souza<br>Dr Vinoda Kumar B<br>Dr Diya Baju Parappatt<br>Dr Archana Sridhar Shet                                                                                                                       | Dr Shubha N Rao<br>Dr Vishnu P S<br>Dr Jason Andrade<br>Dr Shreya M Revankar                                                                     |
| OBG                                                                                                        | Dr Mahesha Navada H<br>Dr Prathima Prabhu<br>Dr Chethana Bolanthakodi<br>Dr Venita Roshal Fernandes<br>Dr Jyotsna Mirabel Coelho<br>Dr Lisa Melita Pinto<br>Dr Thameeza Farhath                                        | Dr Sujaya V Rao<br>Dr Joylene Diana D Almeida<br>Dr Ektha M Shetty<br>Dr Vismaya Kaveri<br>Dr Diya Mathen<br>Dr Naina Fathima                    | Dr Deepa Kanagal V<br>Dr Shannon Francesca Fernandes<br>Dr Alveera D Souza<br>Dr Ambika Hegde<br>Dr Nikitha James<br>Dr Aysha           | Dr Mahesha Navada H<br>Dr Shannon Francesca Prabhu<br>Dr Chethana Bolanthakodi<br>Dr Venita Roshal Fernandes<br>Dr Jyotsna Mirabel Coelho<br>Dr Lisa Melita Pinto<br>Dr Thameeza Farhath | Dr Sujaya V Rao<br>Dr Joylene Diana D Almeida<br>Dr Ektha M Shetty<br>Dr Vismaya Kaveri<br>Dr Diya Mathen<br>Dr Naina Fathima                                                                                          | Dr Deepa Kanagal V<br>Dr Shannon Francesca Fernandes<br>Dr Alveera D Souza<br>Dr Ambika Hegde<br>Dr Nikitha James<br>Dr Aysha                    |
| PAEDIATRICS                                                                                                | Dr Anil Shetty<br>Dr Praveen B K<br>Dr Kamhalabettu Zohara Parveen<br>Dr Jason Glen I D Souza                                                                                                                          | Dr Shreedhara Avabratha Kadke<br>Dr Rashmi Alva<br>Dr Praveen Nayak K<br>Dr Sweta Shanbhag<br>Dr Deepthi Joella Fernandes                        | Dr Pavan Hegde<br>Dr Habeeb Ullah Khan<br>Dr Preetham Philip Tauro<br>Dr Jennifer Vinitha Dalmeida                                      | Dr Anil Shetty<br>Dr Praveen B K<br>Dr Kamhalabettu Zohara Parveen<br>Dr Jason Glen I D Souza                                                                                            | Dr Shreedhara Avabratha Kadke<br>Dr Rashmi Alva<br>Dr Praveen Nayak K<br>Dr Sweta Shanbhag<br>Dr Deepthi Joella Fernandes                                                                                              | Dr Pavan Hegde<br>Dr Habeeb Ullah Khan<br>Dr Preetham Philip Tauro<br>Dr Jennifer Vinitha Dalmeida                                               |
| ALLERGY ASTHMA & CHEST<br>PEDIATRIC HEMATO ONCO<br>NEONATOLOGY CLINIC HIGH RISK/ WELL BABY<br>PERINATOLOGY | Dr Jaidev M D<br>Dr Chandana Pai<br>Dr Praveen B K                                                                                                                                                                     | Dr Praveen Nayak K                                                                                                                               | Dr Jaidev M D<br>Dr Chandana Pai                                                                                                        | Dr Chandana Pai                                                                                                                                                                          |                                                                                                                                                                                                                        | Dr Jaidev M D                                                                                                                                    |
| ORTHOPAEDICS                                                                                               | Dr Ronald Joseph Menezes<br>Dr Harsharaj K<br>Dr Calvin Troy Christopher Fernandes<br>Dr Akash Bhat M<br>Dr Sourabh N Chiplunkar                                                                                       | Dr Prashant Upendra Acharya<br>Dr Kotedadi Ramprasad Rai<br>Dr George Joseph<br>Dr Amith Sridhar Alankar                                         | Dr Vivian Roshan D' Almeida<br>Dr Ashwin Kamath<br>Dr Wilbur Leander Cutinho<br>Dr Alfred Manoj Lobo                                    | Dr Ronald Joseph Menezes<br>Dr Harsharaj K<br>Dr Calvin Troy Christopher Fernandes<br>Dr Akash Bhat M<br>Dr Sourabh N Chiplunkar                                                         | Dr Prashant Upendra Acharya<br>Dr Kotedadi Ramprasad Rai<br>Dr George Joseph<br>Dr Amith Sridhar Alankar                                                                                                               | Dr Vivian Roshan D' Almeida<br>Dr Ashwin Kamath<br>Dr Wilbur Leander Cutinho<br>Dr Alfred Manoj Lobo                                             |
| SPINE SURGERY                                                                                              | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                                                                                                 |                                                                                                                                                  | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                  |                                                                                                                                                                                          | Dr Mrinal B. Shetty/Dr Daivik T Shetty                                                                                                                                                                                 |                                                                                                                                                  |
| HAND & MICRO SURGERY                                                                                       |                                                                                                                                                                                                                        | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                                               |                                                                                                                                         | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                                                                                       |                                                                                                                                                                                                                        | Dr Latheesh Leo/Dr Shruthi Kanth S                                                                                                               |
| PSYCHIATRY                                                                                                 | Dr Siddharth Shetty A<br>Dr Chandini<br>Dr Ashwitha Melrine Carl<br>Dr Akshwarya Rao<br>Dr Justin Shawn Jason                                                                                                          | Dr Aruna Yadiyal<br>Dr Rashmi A<br>Dr Keerthana Nayak<br>Dr Prina Clarissa Crasta                                                                | Dr Supriya Raghavendra Rao Aroor<br>Dr Rahul Rao M<br>Dr Divya R Nair<br>Dr Akshwarya Rao<br>Dr Clinton Castelinio                      | Dr Siddharth Shetty A<br>Dr Chandini<br>Dr Ashwitha Melrine Carl<br>Dr Akshwarya Rao<br>Dr Justin Shawn Jason                                                                            | Dr Aruna Yadiyal<br>Dr Rashmi A<br>Dr Keerthana Nayak<br>Dr Prina Clarissa Crasta                                                                                                                                      | Dr Supriya Raghavendra Rao Aroor<br>Dr Rahul Rao M<br>Dr Divya R Nair<br>Dr Gale Crasta<br>Dr Clinton Castelinio                                 |
| DERMATOLOGY                                                                                                | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Prajna Shetty<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K                                                                                  | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Sonal Fernandes<br>Dr Jerome Joseph<br>Dr Rahul Nayak                         | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Prajna Shetty<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K   | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Prajna Shetty<br>Dr Jerome Joseph<br>Dr Rahul Nayak                                                                   | Dr Jacintha Martis<br>Dr Rochelle Cheryl Monteiro<br>Dr Jyothi Jayaraman<br>Dr Sonal Fernandes<br>Dr Nagbhushan Hegde<br>Dr Sushmitha K                                                                                | Dr Ramesh Bhat M<br>Dr Michelle Serene Fernandes<br>Dr Kiran<br>Dr Sonal Fernandes<br>Dr Jerome Joseph<br>Dr Rahul Nayak                         |
| ENT                                                                                                        | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Blessy B Prabha                                                                                                                             | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran<br>Dr Gitanjali Ajit Deshpande | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Sana<br>Dr Adhyasha Surendran<br>Dr Gitanjali Ajit Deshpande | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran<br>Dr Gitanjali Ajit Deshpande                                         | Dr Kuldeep Francis Moras<br>Dr Savita Lasrado<br>Dr Deekshith Shetty<br>Dr Blessy B Prabha                                                                                                                             | Dr Vinay Vaidyanathan Rao<br>Dr Mahesh Tulasidas Bhat<br>Dr Sweekritha N Bhat<br>Dr Sana<br>Dr Adhyasha Surendran<br>Dr Gitanjali Ajit Deshpande |
| OPHTHALMOLOGY                                                                                              | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Dilon Denis Noronha                                                                                                                                         | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                                         | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Dilon Denis Noronha                                                          | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                                                                                 | Dr Sarita R J Lobo<br>Dr Vinay P G<br>Dr May D Souza<br>Dr Dilon Denis Noronha                                                                                                                                         | Dr Sunayana Bhat<br>Dr Sripathi Kamath B<br>Dr Madhurima A Nayak<br>Dr Akshata Charlotte                                                         |
| CARDIOLOGY                                                                                                 | Dr H. Prabhakar / Dr Ashoka<br>Cardio thoracic surgery                                                                                                                                                                 | Dr Pradeep Pereira / Dr Ashoka                                                                                                                   | Dr Jostel Pinto / Dr Ashoka                                                                                                             | Dr H. Prabhakar / Dr Ashoka<br>Dr Anand K. T                                                                                                                                             | Dr Pradeep Pereira / Dr Ashoka                                                                                                                                                                                         | Dr Jostel Pinto / Dr Ashoka                                                                                                                      |
| DENTAL                                                                                                     | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh                                                                                            | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh                      | Dr Naveen Rao (OT)<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh        | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh                                                              | Dr Naveen Rao<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh                                                                                            | Dr Naveen Rao(OT)<br>Dr Jyothi K C Menezes<br>Dr Sowmya S Shetty<br>Dr Nanditha Hegde<br>Dr Gayathri S Rao<br>Dr Lakshmi Ramesh                  |
| ENDOCRINOLOGIST                                                                                            | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                                                                                           | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                     | Dr Sudeep K/Dr Sakinya Hegde                                                                                                            | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                                                             | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                                                                                           | Dr Sudeep K/Dr Sakinya Hegde                                                                                                                     |
| Gastroenterology Surgical                                                                                  | Dr Ganesh M K / Dr Nagarjun Rao H T / Dr Sagar Nambiar                                                                                                                                                                 | Dr Ganesh M K / Dr Sudheer K                                                                                                                     | OT DAY                                                                                                                                  | Dr Nagarjun Rao H T / Dr Sudheer K                                                                                                                                                       | OT DAY                                                                                                                                                                                                                 | OT Day                                                                                                                                           |
| Medical Oncology                                                                                           | Dr Nishitha Shetty/ Dr Swasthik Upadhyia P                                                                                                                                                                             | Dr Dinesh Shet / Dr Prasad Vasanth                                                                                                               | Dr Nishitha Shetty/ Dr Swasthik Upadhyia P                                                                                              | Dr Dinesh Shet / Dr Prasad Vasanth                                                                                                                                                       | Dr Nishitha Shetty / Dr Swasthik Upadhyia P                                                                                                                                                                            | Dr Dinesh Shet / Dr Prasad Vasanth                                                                                                               |
| Nephrology                                                                                                 | Dr Manjunath J                                                                                                                                                                                                         | Dr Amith V L D Souza                                                                                                                             | Dr Ashwin S P                                                                                                                           | Dr Amith V L D Souza                                                                                                                                                                     | Dr Manjunath J                                                                                                                                                                                                         | Dr Ashwin S P                                                                                                                                    |
| NEURO SURGERY                                                                                              | OT DAY                                                                                                                                                                                                                 | Dr Geover Joslen Lobo                                                                                                                            | Dr Shashank Sharma                                                                                                                      | OT DAY                                                                                                                                                                                   | Dr Shashank Sharma                                                                                                                                                                                                     | Dr Geover Joslen Lobo                                                                                                                            |
| NEUROLOGY                                                                                                  | Dr Raghavendra B.S/ Dr Vimala Christina Colaco K                                                                                                                                                                       | Dr Chaitra S P / Dr Shishir Duble                                                                                                                | Dr Vimala Christina Colaco K                                                                                                            | Dr Chaitra S P                                                                                                                                                                           | Dr Raghavendra B.S                                                                                                                                                                                                     | Dr Shishir Duble                                                                                                                                 |
| PAEDIATRIC SURGERY                                                                                         | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                                                                                                  | OT DAY                                                                                                                                           | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                   | OT DAY                                                                                                                                                                                   | Dr Kishan Shetty/Dr Jayateertha Joshi                                                                                                                                                                                  | OT Day                                                                                                                                           |
| Plastic Surgery                                                                                            | Dr Aravind Lakshmana Rao / Dr Karthik Aithal                                                                                                                                                                           | OT DAY                                                                                                                                           | Dr Singhal Ashish Shivendra / Dr Gaurav Jain                                                                                            | OT DAY                                                                                                                                                                                   | Dr Aravind Lakshmana Rao / Dr Karthik Aithal                                                                                                                                                                           | Dr Singhal Ashish Shivendra / Dr Gaurav Jain                                                                                                     |
| RADIOTHERAPY                                                                                               | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                                                                                                             | Dr Sandesh Rao B / Dr Lanisha Jolitha Sequeira / Dr Zaila Abdul Azeez                                                                            | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                              | Dr Sandesh Rao B / Dr Lanisha Jolitha Sequeira / Dr Zaila Abdul Azeez                                                                                                                    | Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob                                                                                                                                                             | Dr Sandesh Rao B / Dr Lanisha Jolitha Sequeira / Dr Zaila Abdul Azeez                                                                            |
| Radio Diagnosis                                                                                            | Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/ Dr Anto J Richie / Dr Berton Craig Monteiro / Dr Mahesh / Dr Siddhant B Shetty/ Dr Jennifer D Souza/ Dr Muralidhar G K/Dr Dakshayini H S/Dr Soujanya Mynalli | Dr Rohanchandra R Gatty /Dr Kumar S Vashist/ Dr Alphonsa Mary Job                                                                                | Dr Elroy Saldanha                                                                                                                       | Dr Rohanchandra R Gatty /Dr Kumar S Vashist/ Dr Alphonsa Mary Job                                                                                                                        | Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/ Dr Anto J Richie / Dr Berton Craig Monteiro / Dr Mahesh / Dr Siddhant B Shetty/ Dr Jennifer D Souza/ Dr Muralidhar G K/Dr Dakshayini H S/Dr Soujanya Mynalli | Dr Saahvar Shetty/ Dr Zeena D Souza/ Dr Fraser Gomes                                                                                             |
| SURGICAL ONCOLOGY                                                                                          | Dr Jnaneshwari Jayaram                                                                                                                                                                                                 | Dr Jnaneshwari Jayaram                                                                                                                           | Dr Elroy Saldanha                                                                                                                       | Dr Jnaneshwari Jayaram                                                                                                                                                                   | Dr Jnaneshwari Jayaram                                                                                                                                                                                                 | Dr Elroy Saldanha                                                                                                                                |
| PAIN CLINIC                                                                                                | Dr Anantha Srikrishna Somayaji                                                                                                                                                                                         |                                                                                                                                                  | Dr Divya Vincent                                                                                                                        |                                                                                                                                                                                          | Dr Anantha Srikrishna Somayaji                                                                                                                                                                                         |                                                                                                                                                  |
| UROLOGY                                                                                                    | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                                                                                                          | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                                     | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                           | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                                                                             | Dr Suyog Shetty<br>Dr Abheesh Varma Hegde M<br>Dr Shreyas N M                                                                                                                                                          | Dr Prashanth Adiga K<br>Dr Nandakishore B<br>Dr Kishan Raj K                                                                                     |
| Gastroenterology Medical                                                                                   | Dr Riffat Abdul Aziz                                                                                                                                                                                                   |                                                                                                                                                  | Dr Riffat Abdul Aziz                                                                                                                    |                                                                                                                                                                                          | Dr Riffat Abdul Aziz                                                                                                                                                                                                   |                                                                                                                                                  |
| RESPIRATORY MEDICINE                                                                                       | Dr Srishankar / Dr Dharmma U Shetty                                                                                                                                                                                    | Dr Ajithher P.A / Dr Carishma S                                                                                                                  | Dr Srishankar / Dr Ajithher P.A                                                                                                         | Dr Dharmma U Shetty/ Dr Carishma S                                                                                                                                                       | Dr Srishankar / Dr Carishma S                                                                                                                                                                                          | Dr Ajithher P.A/ Dr Dharmma U Shetty                                                                                                             |
| Rheumatology                                                                                               | Dr Sahana G                                                                                                                                                                                                            | Dr Sahana G                                                                                                                                      |                                                                                                                                         | Dr Sahana G                                                                                                                                                                              | Dr Sahana G                                                                                                                                                                                                            |                                                                                                                                                  |
| Interventional Radiologist                                                                                 | Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Arthun K                                                                                                                                                               |                                                                                                                                                  |                                                                                                                                         |                                                                                                                                                                                          |                                                                                                                                                                                                                        |                                                                                                                                                  |
| Clinical Psychology                                                                                        | Ms. S. Malarmathi                                                                                                                                                                                                      | Mrs. Deeksha Ekanand<br>Ms. Jewel Treasa Jomy<br>Ms. Suvina Sushanthi Soans                                                                      | Ms. S. Malarmathi                                                                                                                       | Mrs. Deeksha Ekanand<br>Ms. Jewel Treasa Jomy<br>Ms. Suvina Sushanthi Soans                                                                                                              | Ms. S. Malarmathi                                                                                                                                                                                                      | Mrs. Deeksha Ekanand<br>Ms. Jewel Treasa Jomy<br>Ms. Suvina Sushanthi Soans                                                                      |
| Psychaitric Social Worker                                                                                  | Mrs. Devi Venugopal                                                                                                                                                                                                    |                                                                                                                                                  | Mrs. Devi Venugopal                                                                                                                     |                                                                                                                                                                                          | Mrs. Devi Venugopal                                                                                                                                                                                                    |                                                                                                                                                  |